

2016 July 七月 Lunch Menu

\$50* / month \$2.75* / meal

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					1 Chicken/Veggie Dumplings •watermelon •milk RED WHITE BLUE DAY
₄ In	SCHOOL Amort July	5 Chicken Fried Rice w/ Eggs + Veggies •apples •milk	6 Mac & Cheese w/ Chicken + Broccoli •watermelon •milk	w/ Bok Choy over Rice	8 Pizzas °watermelon °milk
11	Chicken/Veggie Dumplings • oranges •milk	12 Chicken Chow Mien w/ Eggs + Veggies •bananas •milk	13 Chicken Alfredo Penne w/ Steamed Veggies °oranges °milk	w/ Steamed Veggies ∘bananas ∘milk	15 Pizzas ∘oranges ∘milk
18 ∘ pears	Chicken Fried Rice w/ Eggs + Veggies s •milk	19 Chicken/Veggie Dumplings •watermelon •milk	Mac & Cheese w/ Chicken + Broccoli °pears °milk	w/ Bok Choy over Rice	Pizzas ∘pears ∘milk
25	Chicken/Veggie Dumplings • watermelon • milk	26 Chicken Chow Mien w/ Eggs + Veggies •apples •milk	27 Chicken Alfredo Penne w/ Steamed Veggies •watermelon •milk	w/ Steamed Veggies ∘apples ∘milk	29 BRING YOUR OWN LUNCH - Field Trip to California Academy of Science

We use organic meat and veggies in our lunch! Organic low-fat milk and fruit is served daily.

Please submit your July Lunch Order Form + Fee with the tuition before the 25th! Thank you! (Detach Here)

July Lunch Order Form			
Student's Name:	Menu Selected (pls write the date(s) you want or put "all"):		
Payment : \$	Cash or Check #		