

2017 OCTOBER 10月 LUNCH MENU



\$50/month \$2.75/meal

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	Turkey + Potatoes +	3 Chicken Fried Rice w/	4 Mac & Cheese w/	5 Pizza	6 Chicken/Veggie
	Cabbage over Rice	Eggs + Veggies	Chicken + Broccoli		Dumplings
	Milk + Banana	Milk + Oranges	Milk + Banana	Milk + Oranges	Milk + Banana
9	Turkey + String Beans +	10 Chicken Chow Mien	11 Spaghetti + Meatballs w/	12 Pizza	13 Chicken Nuggets +
	Tofu over Rice	w/ Eggs + Veggies	Steamed Veggies		Steamed Veggies + Rolls
	Milk + Watermelon	Milk + Apples	Milk + Watermelon	Milk + Apples	Milk + Watermelon
16	Turkey + Potatoes +	Tri			
10	Cabbage over Rice				Eggs + Veggies
	cabbage over kiee	Dompinigs	Chicken · bioccon	10:30am~1pm	Lggs · Vcggics
	Milk + Honeydew	Milk + Oranges	Milk + Honeydew	Family Outings	Milk + Honeydew
23	Turkey + String Beans +	24 Chicken Chow Mien	25 Spaghetti + Meatballs w/	26 Pizza	27 Chicken Nuggets +
	Tofu over Rice	w/ Eggs + Veggies	Steamed Veggies		Steamed Veggies + Rolls
			TUITION		
	Milk + Cantaloupe	Milk + Banana	Milk + Cantaloupe	Milk + Banana	Milk + Cantaloupe
30	Turkey + Potatoes +	31 Chicken Fried Rice w/			
	Cabbage over Rice	Eggs + Veggies			
		Harvest			
	Milk + Banana	Milk + Applea			
	wiik + Banana	Milk + Apples			

We use organic ingredients in our lunch! Organic low-fat milk and fruit are served daily.

Please submit your October Lunch Order Form + Fee with the tuition before the 25th! Thank you! (Detach Here)

Student Name:	Menu Selected (pls write the date(s) you want or put "all"):
Payment : \$	Cash or Check #